



NATIONAL OPEN UNIVERSITY OF NIGERIA
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES
2023_2 EXAMINATIONS

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)
COURSE CODE: NSC314
COURSE TITLE – MENTAL HEALTH AND PSYCHIATRIC NURSING I
CREDIT UNITS: 3
TIME ALLOWED: 3 HOURS 30 MINUTES
TOTAL MARKS: 70%
INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1

- 1a. Briefly discuss any five (5) models used to explain the causes of mental illness. **10mks**
- 1b. What do these terms mean in the discussion of aetiological factors of mental illness?
- i. Predisposing cause
 - ii. Precipitating cause
 - iii. A reinforcing or perpetuating cause (2mk each) **6mks**
- 1c. Highlight the four important functions of mental hygiene **4mks**

Question 2

- 2a. There are eight factors according to Rice and Hein (1954) for maintaining positive health. Briefly describe any six of these factors. **12mks**
- 2b. Identify the roles individuals and government should play to improving positive mental health in Nigeria **8mks**

Question 3

- 3a. Discuss the changes that have affected the role of mental health-psychiatric nurse over time. **6mks**
- 3b. The roles of the psychiatric nurse have been described as 3R's. Describe the 3R's as understood from the perspective of psycho-behaviour. **6mks**
- 3c. Describe various ways by which the above (3Rs's) can be demonstrated by the nurse. **8mks**

Question 4

- Briefly explain the five major or cardinal symptoms of mental illness. **10mks**